



PLAYTIME NEWS

UPDATES & WHAT TO EXPECT NEXT

02-MAY-2020 (SATURDAY) 2:00PM - 4:30PM

WHAT'S INSIDE

Warm-up: The "Whodunnit" Awareness Test

Discussion on: "Our New Normal"

Reflection: "My New Normal"

- Feedback for Kathy!
- What to expect next session

THE WHODUNNIT AWARENESS TEST

FACILITATED BY CHARISSA DANIEL



Format:

(1) Watch video until 0:52 mins. What did you notice throughout the video? Spot anything different?

(2) Re-watch the video until 0:52 mins. How many changes did you spot throughout the video since it started?

(3) Play video from 0:52 mins till the end.

Key Learning

Sometimes we miss out on the finer details and major insights because we're too focused on trying to see what we want to see. Keep your mind open and stay curious.



UNPACKING OUR "NEW NORMAL"

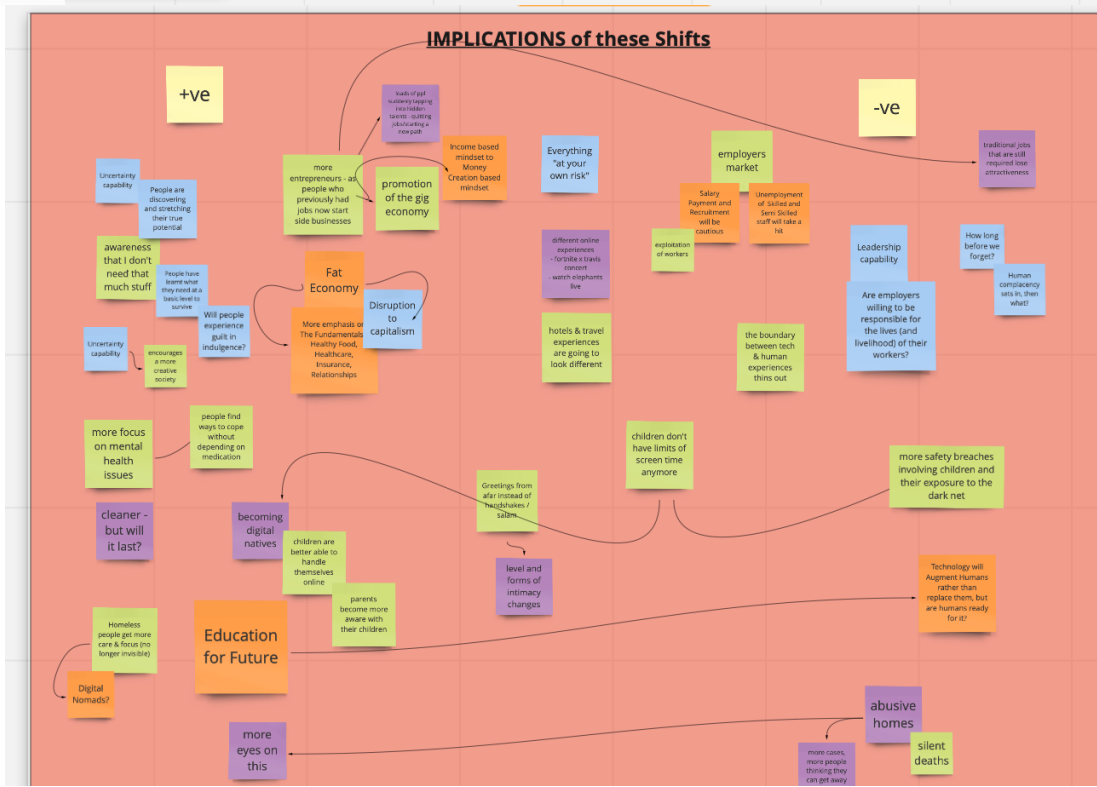
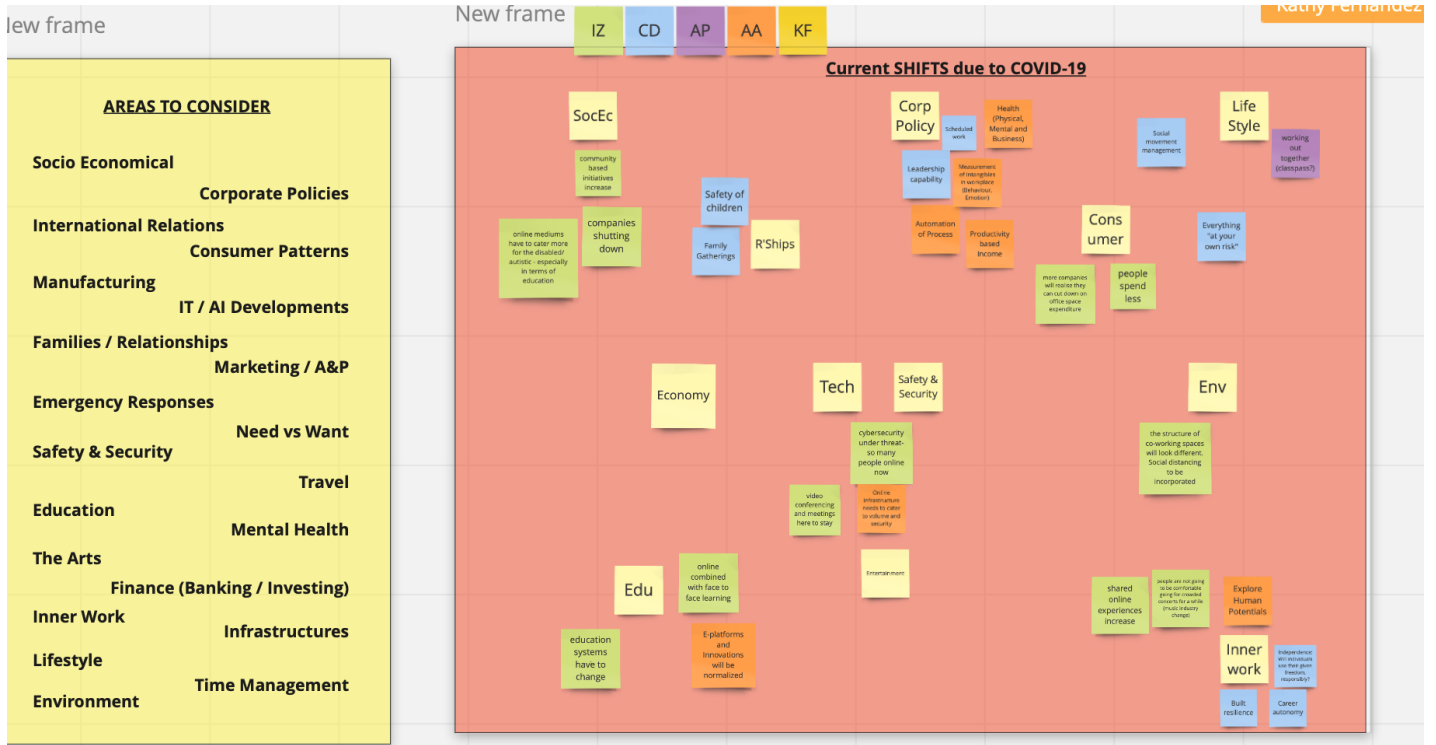
FACILITATED BY KATHY FERNANDEZ

Using MIRO Board ([click here to view](#)), we went through a 3 part discussion:

(1) Areas to consider in terms of Shifts due to COVID-19

(2) Current Shifts due to COVID-19

(3) Implications of these Shifts

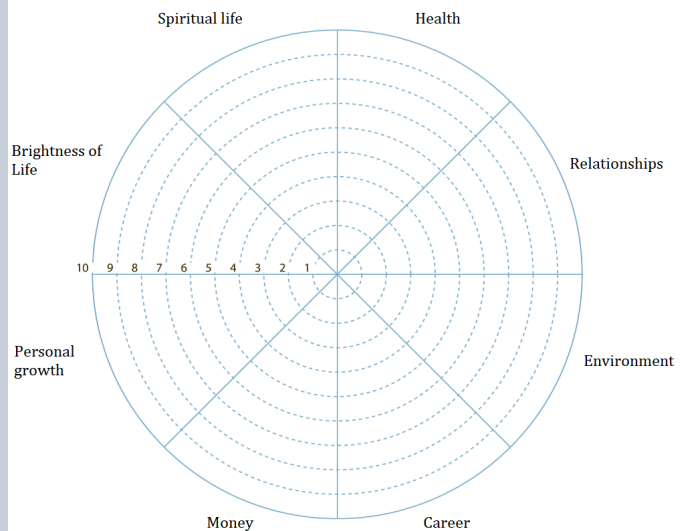


DISCUSSION INSIGHTS

FACILITATED BY KATHY FERNANDEZ

- (1) There is no avoiding the gig economy.
- (2) Home is no longer a safe heaven for some. Considering the rise of domestic abuse cases during MCO.
- (3) The economy is shifting (instead of disrupted). We are still spending, but our spending priorities have changed.
- (4) The definition of Poverty has changed - i.e. the story of beggars in China asking for money to be tapped onto their phone and deposited into their account.
- (5) Children now are clearly digital nomads & consumption of learning will be done within shorter periods of time. (i.e. A focused 15 minutes instead of 2 hours for a lesson)
- (7) Digital Identities are public property, and all our online transactions are being tracked.
- (8) What is uncertainty ability and how can we develop it?
- (9) Is our economy suited for Business centered economy rather than job centred economy? Context: We encourage entrepreneurs to open their businesses, but do we provide the subsidy, support, structure and the environment for those businesses to flourish?)
- (10) Fighting against covid should not mean discarding human rights

REFLECTION ACTIVITY: "MY NEW NORMAL"



OUR PERSONAL COMMITMENTS

By 11am 3-May-2020 (Sunday) we committed to:

- (1) plot out our key actions for the next 1 month, 3 months & 8 months respectively
- (2) zoom our & write down impacts of our choices or key actions that we wish to see. Tie it to emotions and reactions. A deeper level of the results we wish to see.

THOUGHTS:

- (1) What can we do to stay committed and sustain our actions within 8 months?
- (2) Don't forget to acknowledge how far we have come, and why the needle always shifts in our life. **#progressionoverperfection**

SPECIAL THANKS TO THIS WEEK'S SESSION FACILITATOR

Please share
your feedback
here



Kathy Fernandez
(Conversation Kick Starter & Emotional Deep Diver)

WHAT TO EXPECT FOR THE NEXT SESSION

SOLUTION SPACE

How can we manage the situation once things normalise?

Activities tied to the above theme.

THE ECONOMY IN OUR NEW NORMAL

We hope to bring in an external facilitator for a 3 part session, on navigating the economy as we transition out of MCO and face our new realities.

PLAYTIME: A BUSYBUDS INITIATIVE

